

Upgrade the integration of nursing guidance in abdominal surgery

Chih-Ping Lee

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Purpose

- ▶ The post-operative care is very important in abdominal surgery

The purpose of this project is to integrity the guide of post-operative care in abdominal surgery

- ▶ The guide of post-operative nursing guidance in abdominal surgery"

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Method

- ▶ we investigated **22 patients** received abdominal surgery
- ▶ satisfaction for the post-operative nursing care and guidance was only **70%**.
- ▶ The completion of "the post-operative care and guidance in abdominal surgery" was only **75.8%**

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Method

Reason

- ▶ much items and complex detail content
- ▶ poor consistency of standard of care
- ▶ No personal plan of care for the different patient

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Method

The guide of post-operative nursing guidance in abdominal surgery".

checking list including :

- ▶ **1. Basic assessments (vital signs, pain, physical exam, wound assessment)**
- ▶ **2. Pipeline care**
- ▶ **3. Medication guidance**
- ▶ **4. Nutrition and diet**
- ▶ **5. Security of patient's activities**
- ▶ **6. Clarence and excretion of body**
- ▶ **7. Nursing events**
- ▶ **8. Problems for care**
- ▶ **9. Plan for the discharge**

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How to do?

- ▶ setup the individual plan of care and guidance dependent on the patient's personal requirement
- ▶ The nursing staff could take notes for the patient's event, points of care, etc
- ▶ Confirmed the understanding and correct implementation of the patients and the familiars
- ▶ If patients and the familiars cannot work correctly , nurses also take a note on the sheet and the sheet could be shifted to next stuff for continuous tracking

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Result

- ▶ The post-operative care and guidance by **75.8% to 90%**
- ▶ The patients' satisfaction for care and guidance of nursing also increased from **70% to 88%**.
- ▶ The average length of stay dropped to **6.8** days
- ▶ No return of the same disease within 14 days (for 3 months)

Discussion

- ▶ setup the checking list including the contents from **post-operative day 1st to 7th**
- ▶ could follow the checking list to perform post-operative guidance and definitely increased the completion.
- ▶ **increased the satisfaction** of patients and the families
- ▶ This project should be extended to other post-operative care in different area

Thank you for attention